

WEEK 2: SARDINES AND A MIRROR

INTRO: We all face uncertainty at times. How does it make you feel to know that God made you, gives you purpose, and is always with you?

BOTTOM LINE: WE CAN BE **BOLD** BECAUSE GOD IS WITH US.

STEP 1 – PLAY THE GAME "SARDINES"

Sardines is an active game that is played like Hide and Seek – only in reverse!

HOW TO PLAY: One person hides, and everyone else searches for the hidden person. Whenever a person finds the hidden person, they quietly join them in their hiding spot. Soon, the hidden group starts to look like a bunch of sardines! Play until everyone is in the same hiding place and then start over. If you don't have enough people to play this game then play a few rounds of traditional hide-and-seek instead!

STEP 2 – MIRROR IMAGE

SUPPLIES: A dry-erase marker and a mirror in your house

WHAT TO DO: Have one person in your family stand in front of the mirror. Using the dry-erase marker, have everyone else in the family write on the mirror their favorite things about that person and celebrate the way that God created them (is courageous, is always loving, has the best laugh, etc.).

Whenever the person looking into the mirror sees their reflection, they don't only see themselves, they also see truths about the special ways that God created them.

Do this activity for each person in your family."

STEP 3 – DISCUSSION

READ: Whenever you played the game "Sardines" the person hiding wasn't alone for long. Soon more and more people joined them till they were all packed into one place like sardines!

Our Bottom Line in this week's teaching is, "We can be BOLD because God is with us." When God told Moses what He wanted him to do, his first response was not a bold one. Moses did not think he was the right man for the job – not smart enough, not a good public speaker, not a good leader, just simply not good enough.

Even though he felt unqualified, God could see the great qualities and potential in Moses that he couldn't see in himself. God reassured Moses with a simple and perfect response: "I will be with you" (Exodus 3:12). Knowing that God was with him gave Moses all that he needed to succeed.

DISCUSSION: What did it feel like when you looked in the mirror and not only saw yourself, but also saw the awesome God?

- How did it feel when you looked in the mirror and saw what your family had written about you?
- What is one area in your life where you can be more BOLD because God is with you?

BOLD