BEFORE YOU HAND IT OVER

Senior year is one of the biggest thresholds your student will ever cross. *Becoming Whole* invites them to slow down and reflect on seven areas of life, with God at the center, before they leave home. Your role isn't to grade it. It's to be for them.

01 Write your note first

Page 2 has space for a handwritten note. Tell your senior what you see in them, what you're proud of and how you hope to walk alongside them. Write it in your own voice, from one of you, both of you or anyone who loves them well.

02 Hand it over in person

Give it over a meal or a drive, not on the way out the door. Tell them why it matters to you and that this is a gift, not an assignment.

03 Let it be theirs

Their answers belong to them. Don't read the guide unless they invite you to. Trust grows when they know they can be honest.

04 Give them plenty of time

It's okay to set a date to talk it through. Just give them plenty of time to think, and let them know it's a conversation to look forward to, not a test to pass.

05 Ask, then listen

When they're ready to talk, ask open questions and listen more than you speak. Your curiosity will open more doors than your advice.

06 Pray for them by name

Pray through each area as they work on it: their faith, mind, heart, body, relationships, stewardship and growth.

CONVERSATION STARTERS

- Which area surprised you most?
- What did you rate highest? Lowest? Why?
- Which one or two areas did you pick to focus on?
- What's in your Launch Vision?
- How can I best support you in this season?

IF SOMETHING FEELS HEAVY

If your student shares ongoing anxiety, sadness or a struggle that feels bigger than a conversation can hold, don't carry it alone. Reach out to a pastor, a school counselor or a licensed counselor. Getting help is a sign of strength, for them and for you.