WHAT TO DO WHEN THINGS AREN'T AWESOME

What do we do with things like grief, doubt, pain, abuse, and injustice?

What does worship look like when God feels far away or silent?

- We have permission to be honest with God. We see examples of this in the Bible over and over! Consider reading some of these Scriptures and using them as a pathway to honest conversation with God about whatever issue you may be facing.
 - o Psalm 42
 - o Lamentations 3
 - o Romans 8:35-39
- If you're walking through a spiritually low season, know that you're not alone.

 To read and reflect more about how to handle low seasons with hope and

 perseverance, use this Bible reading plan: Walking Through Spiritual Valleys.
- You've probably heard us say, "It's okay to NOT be okay." If you're walking
 through an especially challenging season and want to reach out for additional
 care, email care@wschurch.org or call the church office at 217-793-2800.

