



Joy Rules 2 – A Deep Humility Discussion & Reflection Guide

Message & Scripture Discussion

- **Who is one of the most selfless people you know?**
- **What stood out to you from Sunday's service?** How did you sense God at work in you through the songs, the story video, the message, and being together with others as part of the church? (The message's main points and scripture are listed below if it helps you think back.)
- **Read Ephesians 2:6-7.** Eddie shared that we should let our motivation for personal holiness be the kindness of God.
 - **How would you describe God's kindness?**
 - **How can you allow God's kindness to motivate you?**
- Eddie shared that one of the common cultural narratives for purpose in life is to be happy. **When do you notice your desire to pursue happiness motivating you?**
- He also shared that we all have the impulse to behave selfishly. **When are the moments or situations where selfishness rises within you?**
- **Slowly read Philippians 2:1-11.** Take time to listen and notice what words or phrases stand out.
 - **What is one way you can have the same attitude as Jesus?**
 - **How might living this way impact some of your key relationships – with your spouse, your family, your coworkers, or your neighbors?**
- Eddie shared, "Servanthood begins where recognition and applause end." **Do you sense God challenging your desire to get recognition or applause? In what areas of your life do you struggle most to be humble and unseen?**
- **Read this prayer from Blaise Pascal and consider using the words as your own prayer:** "Lord, help me to do big things as if they were little, because I do them with your power; and, help me to do little things as if they were big, because I do them in your name."
- **Is there anything else from the message you want to explore more deeply this week?**

We hope you'll use this guide to take the teaching from Sunday's service and reflect on it with a few friends or with a group. If you have questions or want to talk more about how to take your next spiritual step, contact us at info@wschurch.org.

JOY RULES Series

Visit wschurch.org/joyrules to sign up for daily text devotionals during this series and to find many supplemental resources for this series.

Message Main Points & Scripture

- Philippians 2:1-2 - Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose.
- Ephesians 2:6-7 - God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.
- **let your motivation for personal holiness be the kindness of God.**
- Philippians 2:3-4 - Don't be selfish. Don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too.
- **myth: the purpose of life is to chase happiness**
- **"Cake is good"**
- **The Greed Games**
- **we all have the impulse to behave selfishly**
- **The more obsessed with ourselves we are, the more prone to depression we are.**
- Philippians 2:5 - You must have the same attitude that Christ Jesus had.
- Philippians 2:6-8 - Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal's death on a cross.
- **don't serve to prompt people to say you are a servant**
- **servanthood begins where recognition and applause end**
- Philippians 2:8 - He humbled himself in obedience to God and died a criminal's death on a cross.
- **we are all highly interested in ourselves**