



## **HEROES**

### **Nehemiah**

A great life is not a challenge-free life. A great life is one that rises up in determination to honor and trust God when the going gets tough. When life gets hard, determine to *adjust and trust*. God will get you through it.

#### **Scripture:**

So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.  
Galatians 6:9

Sanballat was very angry when he learned that we were rebuilding the wall. He flew into a rage and mocked the Jews, saying in front of his friends and the Samaritan army officers, "What does this bunch of poor, feeble Jews think they're doing? Do they think they can build the wall in a single day by just offering a few sacrifices? Do they actually think they can make something of stones from a rubbish heap—and charred ones at that?" Tobiah the Ammonite, who was standing beside him, remarked, "That stone wall would collapse if even a fox walked along the top of it!" Then I prayed, "Hear us, our God, for we are being mocked. May their scoffing fall back on their own heads, and may they themselves become captives in a foreign land! Do not ignore their guilt. Do not blot out their sins, for they have provoked you to anger here in front of the builders."

Nehemiah 4:1-4

When you hear the blast of the trumpet, rush to wherever it is sounding. Then our God will fight for us!  
Nehemiah 4:20

#### **Ice Breaker and Intro Question:**

1. What are you most looking forward to this summer?
2. What resonated with you from Sunday's service? (Sermon, scripture, song, etc.)

#### **Discussion Questions**

3. Read Galatians 6:9 together as a group. Eddie shared, "if we persist in doing wrong, it's stubbornness. But if we persist in the right things, it's determination." Has there ever been a

season in your life where you needed some extra determination? Why is this so difficult in our culture today?

4. Grab a Bible and read Nehemiah 4:1-4 quietly by yourself. What do we learn about facing criticism from Nehemiah here?
5. Read Nehemiah 4:20 together as a group. What does it look like to let God fight for us? How does this allow us to face our problems head on?
6. Eddie taught us the phrase, "Adjust and trust." Read this section from Eddie's message: "When you are feeling overwhelmed, how do you respond? Do you run from problems or address them? Do you make wise adjustments or continue in your old patterns? Do you worry or do you actively put your trust in God? Ecclesiastes chapter 3 teaches that there are seasons of life when we weep and laugh, mourn and dance. In other words, some seasons of life are going to be tougher than others. When that happens, it's important to adapt and lean into God even more." *In what area of your life do you need to apply this to today?*
7. Close by praying over what you've shared as a group today.

**Notes:**