



Made for This Week 5 – Ruined and Remade Groups Guide

Introduction & Icebreaker (10 minutes)

- Give EVERYONE a chance to share something as you start.
- **What is one way you have changed in the past 5 years? What's one way you would like to change in the next 5 years?**

Message & Scripture Discussion (30 minutes)

- **What stood out to you from Sunday's service?** How did you sense God at work in you through the songs, the story video, the message, and being together with others as part of the church? (The message's main points and scripture are listed below if it helps you think back.)
- Walking through the opening 3 chapters of Ephesians, Michael highlighted several verses describing the gospel's good news. **Re-read these verses.** (They are included later in this guide in the list of Scriptures and main points.)
 - Ephesians 1:4-5
 - Ephesians 2:19-20
 - Ephesians 2:10

What good news do you hear in these verses?

- Michael shared that “the gospel is the counter-narrative to the story our world tells us.” **Talk together about how the good news of Jesus is better than some of the stories from our culture.** (Think about what our culture tells us we should want, what is good, and what will fulfill us.)
- By walking through Ephesians 4, Michael talked about the process of how we become new. **Read Ephesians 4:17-24 out loud. What do you notice about the way Paul describes this new way of living and how it happens?**
- The next verses of Ephesians 4:25-31 talk about taking off old behavior and putting on new actions. **How does this help you understand the process of being made new?**
- Michael shared that while there is a part of this process that is passive (remembering that Jesus has done the work of saving and offers it as undeserved grace), we also get to participate in the process of transformation. As his doctor said, “You’ve been given new life. Don’t waste it.” He offered a few practical things we can do to steward the new life we’ve been given:
 - **Allow the spirit to change the way we think.**
 - **To retrain our bodies.**

- **Repeat the process.**

How does this challenge you? What practical steps might you need to take to steward the new life you've been given?

- **Is there anything else from the message you want to explore more deeply this week?**

Reflection (10 minutes)

Take a moment to complete the following prompts:

- One area of my life that needs to be made new is:

_____.

- One thing I need to surrender to Jesus is:

_____.

(Allow group members to share answers if they want.)

Daily Time With God Debrief (20 minutes)

Using the notes in your book, give people an opportunity to share anything they are willing from their daily time with God.

- Look through your week of reading through Ephesians and using SOAP to take notes.
Was there a scripture that stood out to you as you read this week?
- What is one thing you want to apply or put into practice from your Bible reading this week? (Use your SOAP notes to look back.)
- Did you write down anything on your gratitude list that you'd be willing to share?
- **Have them open their books to page 63.** As they finish this season, encourage them to use some of the reflection prompts and write down some of the things that stand out to them. (If you have time during the session, you can do it then, or they can do this on their own this week.)

Group Logistics (10 minutes)

- **Give everyone one of the What's Next handouts and response cards.**
- Talk through possible responses and let them fill out the response card. **Collect those and return them to Michael at the Info Desk with your roster.**
- Encourage them to keep going with the habit of spending daily time with God! There are still 5 remaining days in their books and in the devotional texts.
- **We're encouraging groups to consider scheduling a social or extra session on their own – to celebrate the session.** Reach out to Michael if you need help with any logistics questions.

Prayer (10 minutes)

- **Make a gratitude list together of the good things from this session together.** Have someone write them out and then when you're done, read them out loud.
- Have one person from your group (the leader or a volunteer) pray out loud to close your group time and **thank God for how he has used this series and group time.**

Message Main Points & Scripture

- Ephesians 1:4-5 – “Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.”
- Ephesians 2:19-20 – “So now you Gentiles are no longer strangers and foreigners. You are citizens along with all of God’s holy people. You are members of God’s family. 20 Together, we are his house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself.”
- Ephesians 2:10 NLT – “For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.”
- **The Gospel is the counter-narrative to the story our world tells us.**
- Ephesians 4:17-19 – “With the Lord’s authority I say this: Live no longer as the Gentiles do, for they are hopelessly confused. Their minds are full of darkness; they wander far from the life God gives because they have closed their minds and hardened their hearts against him. They have no sense of shame. They live for lustful pleasure and eagerly practice every kind of impurity.”
- Ephesians 4:20-22 – “But that isn’t what you learned about Christ. Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception.”
- Ephesians 4:23-24 – “Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.”

Ephesians 4:25-31

Throw off	Put on
Lies	Be a truth teller
Controlled by anger	In control of our anger
Thief	Use those same hands to give
Using foul language	Using our words to be an encourager
Rage	Tenderhearted
Bitterness	Forgiveness
Harsh words and slander	Kindness

- John 7:5 – “For even his brothers didn’t believe in him.”
- **We are stewarding the new life that we have been given.**
- Ephesians 4:23-24 – “Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.”
- **Allow the spirit to change the way we think.**
- **To retrain our bodies**
- **Repeat the process.**
- **God is more concerned with who we are becoming than who we were.**

We hope you’ll use this guide to take the teaching from Sunday’s service and reflect on it with a few friends or with a group. If you have questions or want to talk more about how to take a next spiritual step, contact us at info@wschurch.org.

Keep digging into the teaching themes this week! To find resources like a Bible reading plan, a way to sign up for daily text devotions, and more, go to wschurch.org/madeforthis.

Sign up for daily text devotions by texting DEVO to 217217.