



Note to Self Week 3 – The Fact in Satisfaction
Spiritual Formation Guide

We hope you'll use this guide to take the teaching from Sunday's service and reflect on it with a few friends or with a group. If you have questions or want to talk more about how to take a next spiritual step, contact us at info@wschurch.org.

Scripture:

He said:

³ Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

⁴ Blessed are those who mourn,
for they will be comforted.

⁵ Blessed are the meek,
for they will inherit the earth.

Matthew 5:3-5

“The greatest among you must be a servant... the greatest among you must take the lowest rank.”

Matthew 23:11; Luke 22:26

Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Matthew 11:29

Humbly accept the word God has planted in your hearts, for it has the power to save your souls.

James 1:21

God blesses those who are humble, for they will inherit the whole earth.

Matthew 5:5 (NLT)

Reflection Questions:

- What's one blessing from God that you want to say thank you for this week?
- Read Matthew 5:3-5.
- What do you picture when you hear the word, “meek?”

- Eddie shared that we often associate meekness with weakness. Have you ever wanted to be more meek? Have you ever wanted others to be more meek?
- Read Matthew 23:11; Luke 22:26. How does Jesus' teaching in these verses and in the original passage (Matthew 5) challenge you?
- Eddie shared several warnings about what we'll miss if we don't develop meekness:
 - without meekness, we resist God's word
 - without meekness, we ignore wise counsel
 - without meekness, we forfeit divine blessings

Which of these challenges you the most? How have you seen these to be true?

- Is there an area of your life where you sense God inviting you to be more meek and humble?
- As we walk through Jesus' teachings, what are you starting to notice about Jesus? How does his example challenge you to grow in meekness?
- What is God teaching you about what it means to be blessed through this teaching?

Looking for some ways to grow and be stretched spiritually? Check out our highlighted resources at www.wschurch.org/resources. These resources can be purchased using the links or are available for a small donation at the Next Steps area on Sunday mornings.