



Don't Look Now 1 – Don't Look at the Speck in Your Neighbor's Eye
Spiritual Formation Guide

We hope you'll use this guide to take the teaching from Sunday's service and reflect on it with a few friends or with a group. If you have questions or want to talk more about how to take a next spiritual step, contact us at info@wschurch.org.

Scripture:

"Do not judge, or you too will be judged. ²For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

³"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? ⁴How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? ⁵You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

Matthew 7:1-5

Treat others the way you want them to treat you.

Matthew 7:12

A new command I give you: Love one another. As I have loved you, so you must love one another.

John 13:34

Reflection Questions:

- What's your most used emoji?
- Have you ever been judged? How did it feel?
- How do you wish you would have been treated in that situation?
- Read Matthew 7:1-5 slowly. Read it again, but from a different translation (use biblegateway.com if you need access to the NLT, Message paraphrase, NASB, NKJV). What words or phrases stand out to you?

- In his message, Greg shared that seeing the speck of sawdust in someone else's life should be a reminder for us to do plank surgery in our own life. How can you look at your own blind spots first?
- Read Matthew 7:12. How can you treat others the way you'd want to be treated when it comes to noticing and pointing out shortcomings and blind spots? Get practical.
- In the message, he talked about three groups of people and how we can find ourselves in all three places at times:
 - The self-righteous who need to repent
 - The self-centered, who need to remember to engage with others.
 - The selfless who judge the way they want to be judged. They need to continue to pursue health.
 Where do you sense you are most often?
- What is God calling you to do in response to Jesus' teaching and this message? Who can you share with this week about this?

Looking for some ways to grow and be stretched spiritually? Check out our highlighted resources at www.wschurch.org/resources. These resources can be purchased using the links or are available for a small donation at the Next Steps area on Sunday mornings. This summer, we're looking to slow down and be with Jesus. At the resource page linked above, find lots of ideas for a *summer slow down*.