



Well Prayed Daily Bread

Some of us might be under the impression that God will be disappointed or offended if, when we pray, we request things for ourselves. But that's not how God looks at it. Check out Sunday's message and remember this--the act of asking God for daily bread is an expression of trust IN him.

Scripture:

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

Philippians 4:6-7

"So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most."

Hebrews 4:16

"You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them. Yet you don't have what you want because you don't ask God for it."

James 4:2

Icebreaker and Intro Questions:

1. The Israelites ate a food called manna every day; if you had to eat one food every day, what would it be?
2. What resonated with you from Sunday's service? (Sermon, scripture, song, etc.)

Discussion Questions

3. How comfortable are you asking God for things when you pray? Is there any part of you that feels guilty asking for something for yourself?
4. Eddie shared, "Humble people pray for daily bread — and praying for daily bread humbles people." How does this challenge and comfort you?
5. Read Philippians 4:6-7 together as group. Take a moment to reflect on how this impacts your life. Then share your observations with one another.
6. Eddie also shared, "I suspect God is more offended by the times we REFUSE to ask for what we need or want — than he is by the occasions when we do! Why? Because the act of asking God is an expression of trust IN God — and ask I've said before, God's favorite part of my story is the part where I trust him." How does this impact our prayer lives?
7. Read James 4:2 and Hebrew 4:16 together as a group. What would it look like if you really prayed like this? What challenges you and comforts you about these passages?
8. Share with one another — what is something you need *today* that you want to ask God for? Close your time together by sharing honest, simple prayers for God to provide what you need for today.

This week:

- Join us in praying and seeking God's guidance during this season of injustice and unrest. We want to turn our attention to God and ask for the peace, justice, and reconciliation of his kingdom to come to earth. A guide to direct your prayer can be found at www.wschurch.org/pray.
- Keep using the words of Jesus' prayer in Matthew 6 to guide your prayer times. Pray these words slowly, thoughtfully, and allow your body, mind and spirit to be focused on God as you say the words.
- We've put together several excellent resources for you to use during the Well-Prayed teaching series at West Side. Check out several Bible reading plans, video resources, and prayer tools at wschurch.org/resources.

Notes: