



## Searching for Answers – Social Media | 4-30-25

### LARGE GROUP INTRO

Weather permitting, we'll start groups outside by the Hub entrance. Then, we'll head over to the baseball field to play Survival Kickball.

### SMALL GROUP DISCUSSION

#### HIGH/LOW/GOD THING (15 minutes)

Have each student go around and identify a highlight of their week, a low point from their week and where they have seen God show up in their week. This time is to help them see God around them, to celebrate when something goes well and for them to be supported when they have had a rough week. If you're short on time, let them choose one of those three to share.

*Our number one goal tonight is to **discuss** how we as Christians should be navigating social media in the best way possible.*

### Social Media

On Sunday, we began a new teaching series called "Searching for Answers – Jr. High questions about relationships." The question we based the morning off was, "How should I use social media as a Jesus-follower?" Tonight, we're going to dive into this question a little more as a group and potentially challenge one another on this topic of social media. (\* When we refer to social media, this doesn't only include apps such as Twitter (X) or Snapchat. TikTok, YouTube, Facebook, Instagram, BeReal, Discord, Reddit, and many more fall under the category of social media. So, if a student claims they don't have or use social media, it's highly unlikely! \*)

1. Which social media apps do you have or use regularly? Which ones do you use the most? Which ones do you use the least?
2. How has social media made a positive impact on your life?
3. How has social media made a negative impact on your life?

### As a Christ Follower

Social media is not inherently bad, so don't get the idea that we're trying to shame you away from it! It is 100% possible to use these apps in a healthy way that still aligns your life with Jesus.

1. How do you think a Christ follower should use social media?
  - a. What should they be doing? What should they *not* be doing?
2. Divide your group into groups of 2-3 people. Make sure at least one group member has a phone (ironic) with them. Instruct each group to find a verse in the Bible that relates to or can be applied to the topic of using social media in the right way as a follower of Jesus. Give them about five minutes and then have each group share and discuss what verse they found and how it applies.

Come back together as a large group. To end your time, discuss and come up with a social media challenge for your group to do for the next week or the next few days. Some examples could be everyone deleting all of their social media apps for the week or limiting use to just 15 minutes per day. It could also be something like an accountability group, meaning each group member holds the others accountable to use social media in a healthy, Christ-centered way (i.e. Only using encouraging words online, spending time with God instead of too much time scrolling...). Leaders, make sure to check in with your students throughout the challenge!

### PRAY